



### RETURN TO CAMPUS FOLLOWING COVID-19

The Centers for Disease Control outlines two strategies for allowing COVID-19 positive individuals to return to work or school following their recovery—symptom-based and laboratory test-based methods. East Mississippi Community College recognizes both of these methods as potential avenues to return to campus.

#### Symptom-Based Strategy

- **Individuals with COVID-19 who have symptoms** and were directed to care for themselves at home may discontinue isolation and return to campus under the following conditions (per CDC guidelines):
  - At least 3 days (72 hours) have passed *since recovery* defined as resolution of fever without the use of fever-reducing medications **and** improvement in respiratory symptoms **and**,
  - At least 10 days have passed *since symptoms first appeared*.
  
- **Individuals with laboratory-confirmed COVID-19 who have not had any symptoms** and were directed to care for themselves at home may discontinue isolation and return to campus under the following conditions (per CDC guidelines):
  - At least 10 days have passed since the date of their first positive COVID-19 diagnostic test assuming they have not subsequently developed symptoms since their positive test. If they develop symptoms, then the symptom-based strategy listed above should be used.
  
- **Individuals who have had prolonged exposure to an individual with a laboratory-confirmed COVID-19 case who have not tested positive themselves** and have not had any symptoms, but were directed to self-quarantine may discontinue isolation and return to campus under the following conditions (per CDC guidelines):
  - At least 10 days have passed since the date of their prolonged exposure to the COVID-19 positive individual and they have not developed symptoms.
  - Or after 7 days have passed since the date of their prolonged exposure to the COVID-19 positive individual **AND** a negative COVID-19 test on or after day 5 of quarantine.

#### Laboratory Test-Based Strategy

- **Individuals with laboratory confirmed COVID-19 cases who have symptoms** and were directed to care for themselves at home may discontinue isolation and return to campus under the following conditions (per CDC guidelines as of January 21, 2021):
  - At least 3 days (72 hours) have passed *since recovery* defined as resolution of fever without the use of fever-reducing medications **and** improvement in respiratory symptoms (e.g., cough, shortness of breath); **and**,
  - Negative results from an FDA Emergency Use Authorized COVID-19 test from a least two consecutive respiratory specimens collected more than 24 hours apart (total of two negative specimens).

I attest that at least 72 hours have passed since I have recovered from COVID-19 as evidenced by a resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms. I certify that I am eligible to return to campus based on the  Symptoms-Based Strategy or the  Laboratory Test-Based Strategy. Note, if using the Laboratory Test-Based Strategy, evidence of two negative specimen tests must be provided.

Printed Name \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_ Received By \_\_\_\_\_